

"To be beautiful is the birthright of every woman."

- Elizabeth Arden

The iconic red door has welcomed guests since day spa pioneer Elizabeth Arden opened her first location in 1910 on Fifth Avenue. She painted the front door bright red to ensure that it stood out. A true visionary, she brought science to skincare and introduced women to the contemporary concept of the spa.

Today, the Elizabeth Arden Red Door Spa promotes the legendary techniques of Ms. Arden, and her fundamental belief that beauty should be “an intelligent union of nature and science to develop one’s finest natural assets.” This holistic approach to skincare is carried out through innovative treatments, the finest quality products and services, and the highest level of technical expertise.



# FACE

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An elevated experience with remarkable results. Each facial pampers with a warm hand treatment, a heated pad for comfort, post-extraction cool stone application and our specialized facial massage.

\*Each facial includes a complimentary make-up refresher

## Red Door Signature Facial

Our most requested treatment incorporating Miss Arden's classic facial massage technique. Using our professionally formulated Red Door Signature products expertly selected for your needs, radiance is beautifully awakened.

## Ultimate Arden Facial

A multi-faceted spa indulgence. A facial paired with a tranquil warm stone upper body massage to induce deep relaxation. A microdermabrasion (or natural enzyme peel), face and eye collagen mask, and décolleté treatment deliver visible results. An intensive hand treatment and relaxing scalp massage are our divine touches.

## Seawater Pearl Hydrating Facial

This intensely moisturizing, extraction-free facial begins with natural enzyme exfoliation. A unique combination of algae and precious seawater pearls is then massaged onto the skin, activating essential trace minerals that replenish moisture. Skin is perfectly hydrated with a luminous glow.

## Microdermabrasion Facial

Gentle polishing using a diamond tip wand minimizes fine lines, wrinkles, minor acne scarring and discoloration. Specially chosen organic flower grain exfoliation may be used to treat individual skin concerns. Smooth, healthy looking skin is revealed.

## Oxygen Infusion Facial

Delivers an infusion of oxygen and skin supporting minerals including zinc, calcium and carbon along with a collagen mask to deeply rejuvenate skin cells. Leaves skin instantly hydrated and younger looking.

## Ceramide Anti-Aging Facial

Deeply nourishing treatment using advanced Elizabeth Arden rejuvenating skin care smoothes lines, strengthens texture and enhances skin's ability to hold moisture.

## Antioxidant Brightening Facial

A revitalizing and detoxifying facial charged with multi-vitamins, antioxidants and essential nutrients. This infusion repairs cellular damage caused by daily stress, strengthens skin's ability to protect itself and restores luminosity.

## Elizabeth Arden Essential Facial

Using Elizabeth Arden products, this introductory facial will cleanse, exfoliate and hydrate skin for a look that is healthy and renewed.

## Sensitive Skin Facial

Redness and inflammation are calmed using soothing, naturally derived extracts and a delicate touch. Without clogging pores, a specialty mask strengthens and leaves skin purified and hydrated.

## Clarifying Facial

This gentle but effective treatment targets blemishes, balances oil and helps retrain skin to maintain a healthier, clear complexion

## Back Facial

Purifies and tones with the refined technique of our finest facial. Includes a custom mask and a warm stone neck massage.

## Natural Enzyme Peel

This natural enzyme provides moderate exfoliation to stimulate collagen production, soften fine lines and enhance hydration.

## Lactic Acid Peel

Anti-inflammatory ingredients make this peel perfect for sensitive skin types. Evens out skin tone and boosts cell renewal.

## Alpha Hydroxy / Beta Hydroxy Peel

These natural acids provide deeper exfoliation to stimulate collagen production, soften fine lines and enhance hydration.

## Microdermabrasion Blast

A quick, gentle exfoliation using a diamond tip wand minimizes fine lines, wrinkles, minor acne scarring and discoloration to reveal skin's radiance.

## Customized Eye Contour

A specialty eye mask of select active ingredients fills out fine lines, brightens dark circles and reduces puffiness for a well-rested look.

## Collagen Mask

Fine lines are diminished, skin is tightened, elasticity is improved and moisture is balanced with an infusion of pure collagen.

## Oxygen Blast

A quick and steady mist of pressurized oxygen delivered deep into the cellular layers of the skin, providing a healthy and youthful glow.



# MASSAGE

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An expert's rhythmic and relaxing touch. With an aromatic pillow for your eyes, a choice of aromatherapy inhalation, and a heated pillow for your neck, our massage offerings will restore balance to mind and body.

## Red Door Signature Massage

This guest favorite incorporates olive oil and shea butter cream, facial acupressure and foot reflexology for head to toe balance and relaxation.

## Desert Hot Stone Massage

Classic massage techniques enhanced by warm stone therapy. Smooth stones glide over skin, warming muscles and inducing a unique, comforting form of relaxation.

## Deep Tissue Massage

Slow, deep pressure and skillful hand movements target stressed muscles, unlock tension and relieve pain. An ideal pre or post workout massage.

## Swedish Massage

Classic stress-relieving, medium pressure technique using varied strokes of gliding and kneading to promote circulation and an overall sense of well-being.

## Pregnancy Massage

Relaxing benefits for both moms-to-be and baby. This customized service relieves muscle aches and joint pain, helps reduce swelling and deeply nourishes skin.



## Reflexology

Specialized pressure techniques are applied to specific wellness-related reflex points on the feet to release blocked energy, relieve stress and boost circulation.

## Enriching Hair & Scalp Massage

A specialized scalp massage incorporating a unique blend of refreshing rosemary to strengthen hair, and geranium, ylang-ylang and patchouli to clarify, stimulate and rebalance the scalp.

## Aromatherapy Enhancement

Luxurious massage enhancements using exquisite oils formulated with natural plant and flower essences to relax mind and body. A brief consultation allows for a customized selection of the most suitable aromatherapy blend based on your needs.



# BODY

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For skin that radiates with health and is soft to the touch. Carefully balanced to both deeply cleanse and replenish, our body treatments lift the veil of dullness and dryness to restore hydrated silkiness to skin.

## Signature Stress Melter Ritual

An integration of soothing services. Olive oil skin softening scrub, plus a hydrating body wrap and Swedish massage, melt stress and rebalance spirit.

## Milk & Honey Sugar Body Glow

A gentle sugar exfoliation followed by a hydrating full-body application of milk and honey cream, intensifies moisture absorption for lasting softness.

## Olive Oil Salt Body Glow

Skin renewal that comes from nature. Olive oil salt exfoliation is followed by a full-body application of organically derived hydrating cream.

## Triple Rose Hydrating Body Treatment

The essence of Miss Arden's favorite flower is captured in an intensely hydrating aromatherapeutic body treatment. Incorporates olive scrub, rich rose oil and rose body cream. Leaves skin radiant and spirits bright and uplifted.

## Milk & Honey Nourishing Body Treatment

This comforting treatment begins with a warm sugar scrub exfoliation. A warm milk and honey body wrap nourishes skin while a scalp massage complements for the ultimate in relaxation.

## Vita-Rich Body Treatment

An omega-rich olive oil exfoliation prepares skin for a moisture-drenched warm vitamin and mineral wrap for supreme hydration. Treatment includes a relaxing scalp massage.

## Hydra-Quench Remineralizing Body Wrap

A therapeutic body wrap to replenish and restore the body's natural balance and vitality. Relax in a warm cocoon rich with seawater minerals and essential oils. A gentle exfoliation is followed by a restorative body mask of pure marine actives that replenish essential trace minerals back into the skin.

## Detoxifying Seaweed Wrap

A purifying, marine-based treatment that cleanses and detoxifies the body while restoring skin's tone and vitality. A clay and seaweed body mask, combined with a deep cleansing body wrap, draws out toxins and delivers essential minerals to the skin.

## Contouring Marine Cellulite Treatment

Richly concentrated with marine-sourced minerals and vitamins, this transformative body contouring wrap tightens and firms while reducing the appearance of cellulite.



# NAIL

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Manicure and pedicure services soothe with a warm neck pillow. Skin exfoliation and a hydrating massage are extended to the elbow for manicures and to the knee for pedicures. Nails are polished to perfection.

## Warm Cream Manicure and Pedicure

This pampering service includes a moisturizing massage with rich, warm cream, leaving hands and feet velvety smooth.

## Red Door Signature Manicure and Pedicure

This guest favorite includes our signature luxurious sugar exfoliation and warm cream reflexology inspired massage, finished with a hydrating paraffin.

## Olive Oil Manicure and Pedicure

A moisturizing salt scrub and massage cream, both rich in the antioxidant protection of pure olive oil extracts, leave skin soft and smooth. A hydrating wrap and paraffin treatment provide rejuvenating results.

## Milk & Honey Manicure and Pedicure

A natural sugar exfoliation and massage, infused with pure milk and honey, soothe skin and replenish essential nutrients. A moisturizing wrap and paraffin treatment renew skin's surface.

## Intensive Healing Manicure and Pedicure

Intensive repair for severe dry cracked hands and feet. Includes a gentle bamboo granule exfoliation, hydrating massage with our advanced therapy moisturizer, healing paraffin and a mask.

## Nail Enhancements

Acrylic | Gel | Gel Polish | Silk Wraps | Nail Repair

Manicure and Pedicure are also available separately.



# HAIR

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A total transformation. A little something different. A touch of highlights. Hair says a lot about who you are and reflects your style. Our hair design professionals provide their expertise for beautiful results.

Haircut | Style | Highlights | Color | Permanent Wave  
Relaxer | Scalp Treatment | Special Occasion | Bridal



# WAX

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Our technicians take the utmost care to protect the health and elasticity of the skin. The wax is applied warm, then removed gently, leaving skin absolutely smooth. This refined technique is comfortable and result-oriented.





# MAKEUP

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A beauty accessory. Subtle, just enough or bold. Your essence should be complemented, yet never changed. The creative touch of our makeup artists can bring out the best in you.

Bridal and special occasion services available



# TIME SAVERS

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When time is of the essence. Ease a bit of muscle tension. Refresh.  
Relax. Re-energize.

## Time Saver Massage

Using gliding, kneading and pressure point movements, this stress-relieving Swedish method concentrates on releasing tension in back, neck and shoulders.

## Time Saver Facial

An extraction-free facial for all skin types, perfect before a special event or between treatments. Skin will look toned, healthy and hydrated.

## Olive Oil Salt Body Glow

Skin renewal that comes from nature. Olive oil salt exfoliation is followed by a full-body application of organically derived hydrating cream.

## Milk & Honey Sugar Body Glow

A gentle sugar exfoliation followed by a hydrating full-body application of milk and honey cream, intensifies moisture absorption for lasting softness.

## Reflexology

Specialized pressure techniques are applied to specific wellness-related reflex points on the feet to release blocked energy, relieve stress and boost circulation.

## Pedicure Refresher

Luxury for the feet when time is of the essence. A foot smoothing treatment, shaping and polishing of nails to perfection.



# GENTLEMEN

Distinctly designed services for men. A specialized facial effectively conditions razor burn, and our massage is an ideal way to unwind from everyday stress and to soothe tired muscles.

## Gentlemen's Facial

This customized facial cleanses and hydrates using innovative skincare products. Warm stones ease tension in neck and shoulders.

## Gentlemen's Manicure

Nails and cuticles are expertly shaped before hands and arms are massaged with a hydrating warm cream. Nails are then buffed for a clean finish.

## Gentlemen's Pedicure

This restorative men's treatment begins with a contouring of nails and cuticles, followed by a foot and lower leg massage and nail buffing.

## Deep Tissue Massage

Slow, deep pressure and skillful hand movements target stressed muscles, unlock tension and relieve pain. An ideal pre or post workout massage.

## Back Facial

Purifies and tones with the refined technique of our finest facial. Includes a custom mask and a warm stone neck therapy.

## Full Back or Chest Wax

Our technicians take the utmost care to protect the health and elasticity of the skin. The wax is applied warm, then removed gently, leaving skin absolutely smooth. This refined technique is comfortable and result-oriented.

## Haircut

Receive a detailed consultation along with our signature shampoo and a relaxing scalp massage. Then have a hair cut designed for you.



# SPA INFO

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VISIT REDDOORSPAS.COM OR CALL 866 RED DOOR

## Reservations

For scheduling appointments or any additional information, please call 866 RED DOOR or visit [reddoorspas.com](http://reddoorspas.com).

## Cancellations

When a cancellation or date change is necessary, we request a minimum of 24-hour notice for any single service. A 48-hour notice is required for any multiple service or spa package cancellation. The full service will be charged on any late cancellations or no-show appointments.

## Age Requirements

Persons under the age of 18 are welcome to visit the spa, but may need a signed waiver and /or accompaniment of a parent or adult guardian. Please contact a location near you for more details.

## Pregnancy

In your best interest at this special time, we do not perform massages within the first trimester.

## Gift Certificates and Gift Cards

Beautifully wrapped in our signature gift box, Red Door Spa gift certificates and gift cards are perfect for anyone, any season or any reason. Gift certificates and gift cards can be purchased at any of our locations or at [reddoorspas.com](http://reddoorspas.com). Our Print-A-Gift delivery option lets you email or print a gift instantly.

## Spa Packages

Red Door Spa Packages are designed to be used in one day. Failure to have all services in one day will transfer the gift certificate to be valued at the purchase dollar value. Packages may only be used by one guest. Any changes or substitutions will forfeit any discounted prices.

## Spa Parties and Events

Bridal spa parties, as well as corporate and leisure events are available. Please contact the location nearest you for scheduling and more information.

## Arrival

We invite you to arrive 15 minutes prior to your appointment to allow time to change and relax, and to ensure that you receive your full service. We recommend scheduling your next service prior to leaving the spa to secure a preferred appointment.

## Your Comfort

For full enjoyment of an uninterrupted service and as a courtesy to other guests, cell phones should be turned off. Our spa is a smoke-free environment. Please deposit robe in the linen basket provided at the conclusion of service. In keeping with our commitment to cleanliness, safety and hygiene, we sterilize and sanitize equipment for all services.

## Your Well-Being

We request that you disclose any medical condition and /or prescription medications as there may be contraindications to some services. Prior to your service, you may be required to complete a Guest Pre-Treatment Form. Red Door Spa assures and maintains confidentiality of the strictest standards.

## Your Valuables

We regret that we cannot be responsible for the loss or damage of personal articles. If you do bring valuables to the spa, please keep them with you during services.



“The essential glow of beauty must come from within and every guest should leave physically refreshed and mentally rejuvenated.”

- Elizabeth Arden